MY PERSONAL PROFILE AND ACCOMMODATIONS PLAN

Date Insert date
Dear Insert name of your school, employer, etc.
My name is Insert your name I am Insert age years old.
I enjoy Write down something special or unique about yourself.
I am currently Insert in high school, attending college, looking for a job, employed.
I have a hearing loss in Insert my right ear, my left ear, or both ears.
I use Insert spoken language, sign language, spoken & sign language to communicate
with others. My hearing loss is in the Insert mild, moderate, severe, profound range. It is a
Insert sensorineural, conductive, mixed loss. I have had my hearing loss for[Insert number] years.
In order to help me hear and communicate better, I use
Insert: a hearing aid, hearing aids, a Baha, a cochlear implant, cochlear implants.

Although this technology helps, it does not make listening and understanding perfect. There are certain situations in which it is more difficult to hear. These may include:

- Telephone
- Cell phone
- One on one conversation
- Group situations
- Small group meetings
- Large group meetings
- Restaurant
- Automobile
- Understanding individuals who have an accent

- In poorly lit areas (darkened rooms for presentations, movies)
- Fire alarm
- Public Address Announcements
- Computer
- Radio
- Large classroom/lecture halls
- Small classroom/lecture halls
- Insert any other situations

To help in these situations, I use hearing assistive technology; specifically

Insert those that you use or any other technology:
a personal FM system
a special telephone
captioning
visual alerting devices (fire alarm, doorbell)
Other_____

In addition to the various technologies and services that help me, I benefit from the following accommodations:

Insert those that you use and add any others that you use:

- Get my attention before starting to speak
- Face me when you speak and do not cover your mouth
- Try to be within about 6 feet of me when you speak
- Turn off radios, TV or other sources of noise
- Keep the lights on so that I can read lips
- If we are in a group, it is helpful if one person speaks at a time
- If we are in a group, it is helpful if we move to a quiet room/location
- If we are in a group, it is helpful to be seated at a round table
- I may need repetition or rephrasing when people are talking
- I need a sign language interpreter
- Write important information down; I cannot speechread and take notes at the same time
- Other_____

Thank you for your time. I look forward to learning and working with you. If you have any additional questions about my hearing loss, hearing assistive technology, or accommodations, I would be happy to provide you with more information.

Sincerely

Insert your name
Insert preferred contact information